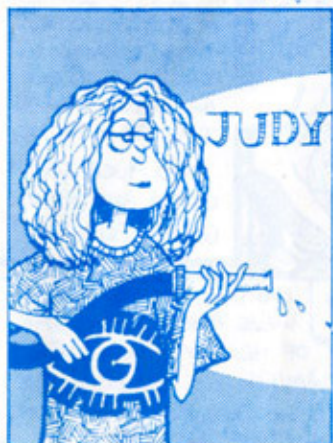


# THE PLYMOUTH POSSSE



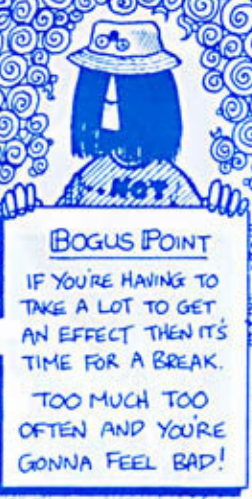
# CHILL OUT



© STELEMANZ



AND INSIDE 'CLUB BISCUIT'.....



'E' CAN TAKE UP TO AN HOUR TO WORK SO PONT TAKE ANY MORE IF NOTHING HAPPENS STRAIGHT AWAY.

AND IN TRANSPORTER ROOM 4

THESE HUMANS NEED TO KNOW ABOUT HEAT STROKE

BUT SLACK! YOU CANNOT CHANGE THE LAWS OF PHYSICS

ACCESSORIES INDIGENOUS TO LATE 20th CENTURY YOUTH CULTURE...

- PLINK

PISS OFF SPOTTY. THIS IS BIOLOGY! BEATING DOWN, CAPTAIN.

O.K. SPOOK BOY, THIS WAS A SMALL PART FOR ME...

BOGUS POINT

$E$  = INCREASED BODY TEMPERATURE

DANCING = HOT

RAVES = HOT

= TOO HOT!!

Wooooo!!!

ENERGISE

VERY EXPENSIVE SPECIAL EFFECT

SPANK MATERIALISES ON THE FLOOR...

LISTEN DOWN, DUDE. DO YOU WANT SOME WICKED LOGIC?

YEAH, GIVE ME TWO, MATE!



OH, I'LL GO AND GET A BEER IN THEN.

BEASTIE BOYS

NO, NO!

YOU'RE DEHYDRATING FAST, MAN. TIME TO CHILL OUT, LIKE, TAKE A BREAK FROM DANCING.....

A WHIRLING DIRVISH.

DOUBLY ILLOGICAL. DON'T BE A KLUNGEON. ALCOHOL WILL DEHYDRATE YOU FURTHER!!

WHEN YOUR BODY TEMPERATURE GOES TOO HIGH THERE IS A RISK OF GETTING HEAT STROKE AND THIS HAS BEEN FATAL!

SO THAT'S WHAT SOME OF THESE E DEATHS HAVE BEEN ABOUT?

NOW HE TALKED A LOT OF SENSE!

LOGICALLY!

RESPECT IS DUE!

REMEMBER HATS AND NYLON CLOTHING DON'T HELP YOU KEEP COOL!

LATER....

DIG, MAN. WHEN HE SAID REPLACE FLUID, HE DIDN'T MEAN ALL AT ONCE!

UH?

SPLISH SPLISH SPLISH

A PINT AN HOUR SHOULD DO IT...

BOGUS POINT

REMEMBER

$E$

IS A CLASS "A" DRUG

THE END

AFFIRMATIVE. PASS THIS INFO ON TO YOUR FRIENDS. NOW I MUST GO.... STAY COOL!

# HEATSTROKE

(IS AVOIDABLE)

Heatstroke develops when the body can no longer control its temperature by sweating. This can happen very suddenly!

## SYMPTOMS & SIGNS

Headaches, dizziness, nausea, feeling hot, tired, restlessness or confusion, cramps in the legs, arms and back, not being able to pee, or highly coloured (orange) pee, a racing pulse, feeling faint

If you notice any of these signs TAKE A BREAK: chill out immediately. Have a long cool drink (not alcohol as it will dehydrate you even more). If someone complains of these symptoms or collapses, then their temperature must be reduced very quickly.



THE RECOVERY POSITION

## THINGS TO DO

Call an ambulance quickly. Get the person to a cool place (maybe outside). Remove some clothing and wet them down with cool water (not too cold as this may cause shock). Use something to fan them down. If the person is conscious put them in a half sitting position, with head and shoulders supported. If unconscious, open airway and check breathing and put the person into the recovery position.

FOR MORE INFORMATION

*Harbour  
Centre*

ALCOHOL AND DRUG ADVISORY SERVICE

**TEL. 0752 267431**

**Free & Confidential**